



ARROWSMITH

ABOUT ARROWSMITH

A pioneer in the field, the Arrowsmith Program has been using neuroplasticity to transform brains – and lives – for over 40 years. With dynamic programs proven to improve the brain’s connectivity and efficiency, Arrowsmith provides options for both children and adults.

Organizations licenced in Arrowsmith are trained and certified to deliver Arrowsmith Program to their own community, and are supported by the Arrowsmith organization through a comprehensive service and support platform. With this approach, licenced organizations are part of a movement, changing brains and transforming lives.

The Brain is Our Most Valuable Asset – we all deserve to pursue the joy of lifelong learning through cognitive programming.

To learn more: www.arrowsmith.ca

FRAMEWORK OF RESULTS



Research-Based

Decades of research measure Arrowsmith’s impact. Studies show significant improvements across academic, and cognitive measures, social and emotional welling, and connectivity in the brain. Research continues around the globe.



Individualized

One size does not fit all: every brain is different. We match the right program to suit each unique cognitive profile. Exercises respond dynamically to each participant.



Structured

Trained Facilitators keep participants motivated and on track. Every session includes clear and achievable goals, consistent feedback – all steps towards mastery, and a stronger brain.



Adaptive and Flexible

Different options are available to suit one’s unique needs and goals. Programs adapt to those with learning difficulties and those seeking enhanced performance across all learning and life.

What is Arrowsmith?

A revolutionary approach involving cognitive exercises, innovative technology, and comprehensive support platforms. Proven to increase the cognitive capacity of children and adults and led to meaningful gains in learning and performance. Organizations licenced in Arrowsmith are part of a global network of innovative schools, learning centres and agencies at the cutting edge of neuroeducation and dedicated to increasing the potential and quality of life for those in its community.

What is Neuroplasticity?

Neuroplasticity has been called one of the most important human discoveries of the last 400 years. By harnessing the principles of neuroplasticity, the Arrowsmith Program comprises of cognitive exercises proven to target and strengthen the brain's connectivity and capacity. Neuroplasticity offers a new lens to understand our capacity as lifelong learners and the pursuit of our highest potential.

For whom is Arrowsmith suitable?

Individuals ages 6 to 90+, across a wide span of starting ability, can benefit. From struggling learners to those preparing for the next stage of their lives, there is a program suitable for most every brain.

Evidence-Based Results

Research shows that participation in Arrowsmith leads to:



FAQs

Research

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